Contact: Aaron Lucich 415-377-8269

Julia Adam Dance announces AIR - Tickets now available for six gatherings in the latest installment of their Elemental Series on July 15-17 and July 22-24, 2016

Julia Adam Dance announces *AIR*, a cultural journey of the senses that focuses on the varied nature of air. As part of this third installment of the Elemental Series following *The BoatHouse Project* (2014) and *The WoodLand Project* (2015), acclaimed choreographer and former principal dancer for San Francisco Ballet Julia Adam will create *A Delicate Balance*, exploring our relationship with the most critical element. Past attendees and newcomers are invited to gather in nature, share a feast of organic food, and witness a world premiere ballet performed by a hand picked cast of elite dancers.

"I wondered what would happen if we brought people out to these beautiful places, fed them healthy food from that place, and let them form a bond with the person next to them? Wouldn't that be an ideal context to experience art on a deeper level." reflected Ms. Adam. "We're creating a nest, a place to gather with all the essential aspects of being human. All of the participant's senses seem to be awakened through the simple magic of proximity."

The inaugural *BoatHouse Project* tested the theory over three successful nights in 2014 and the follow up *Woodland Project* over six nights in Nicasio last year cemented the notion that they were onto something. For *The Woodland Project*, Adam created *The Mycelial Nature of Things: Little Red Cap* melding metaphors of Red Riding Hood with the fungal spirit of the woods.

Not a typical night at the ballet, this year's backdrop is a field of row crops at an organic farm under the big sky of West Marin. Julia Adam Dance is an evolving collaboration between Julia, her husband Aaron Lucich, a producer, rancher and agricultural activist and their growing tribe of talented artists and artisans. Their team will again construct the venue, stage and lighting as well as a full kitchen and dining area on this specific site nested within the landscape. Each evening begins with a family-style feast created by an ensemble of chefs with food and drink drawing from a bounty of local, farm

identified ingredients. The gathering culminates in a performance of *A Delicate Balance*, a new work that Adam will create on site in the weeks prior to the event. Adam will employ the choreographic whimsy and deep sentiment she's known for to explore themes of air from its physical, animating qualities (e.g., breathing, floating, gliding) to its chemical makeup – underscoring how this critical composition of gases is essential to a functional ecosystem.

"I am excited to once again create the space for this annual gathering as it grows and evolves. It's a special way to reconnect us to the land, the elements, and each other," comments Lucich. "This year, we are reminded that we cannot survive without sustaining the delicate balance of our atmosphere. That depends a lot on many daily decisions we make not the least of which is what we eat, how we grow our food and steward our soil. I think art can be the conduit that brings us closer to what it means to be human on this planet at this time. We extend an invitation to anyone craving a cultural experience of community, sustenance, and the stories and beauty of dance with us."

A limited number of tickets are now on sale for six gatherings for *AIR* during the weekends of July 15-17 and July 22-24, 2016 at 5pm - 10pm at Big Mesa Farm in West Marin. Ticket information is online at JuliaAdamDance.com.

About Julia Adam

Julia Adam hails from Ottawa, Ontario. At age thirteen she entered the National Ballet School in Toronto, and upon graduation in 1983, Ms. Adam spent five years with the National Ballet of Canada, and joined the San Francisco Ballet in 1988, becoming a principal dancer in 1996. Among the choreographers that created works for her are Helgi Tomasson, and Mark Morris. In 2002, Ms. Adam retired from dancing, and quickly gained recognition as one of the dance world's rising talents in choreography. Her first ballet, The *Medium is the Message*, 1993, for the San Francisco Ballet's Choreographic Workshop drew attention for her uncanny wit and unique sense of movement. Since

1996, Ms. Adam has been commissioned to create over 40 works for San Francisco Ballet, Joffrey Ballet, Houston Ballet, Ballet Met, Cincinnati Ballet, Alberta Ballet, Atlanta Ballet, Ballet Memphis, Nashville Ballet, Oregon Ballet Theatre, ABT II, among others. Ms. Adam's most acclaimed ballet, *Night*, for San Francisco Ballet, was performed by that company at the Paris Opera's Palais Garnier to a standing ovation. Ms. Adam has been featured in Dance Magazine, and has received the Isadora Duncan Award for Choreography.

About Aaron Lucich

Aaron Lucich, a communications professional from the SF Bay Area, spent the last decade researching and documenting the leadership of ecological agriculture. On this journey he has managed farming operations and brand development for Traders Point Creamery in Zionsville, IN and consulted to numerous land based organizations including the Sustainable Studies Institute in Corvalis, Oregon, ZZ2 in South Africa, the MA Center in San Ramon, California and Biological Capital in Denver, Colorado. He founded Holistic Ag, an ecosystem services/grassfed beef business currently based at Pepperwood Preserve in Sonoma County, in 2012 after coming to the conclusion that talking about the problem wasn't enough. In 2014 he teamed up with his wife, choreographer and former San Francisco ballet dancer, Julia Adam to create Julia Adam Dance, a cultural experience designed to connect people to each other and the environment through food and art.

Calendar Listings please note:

WHO: JULIA ADAM DANCE presents AIR

WHAT: DANCE, FOOD, ENVIRONMENT, COMMUNITY

WHERE: Big Mesa Farmstead West Marin

WHEN: JULY 15,16,17 and 22, 23, 24 from 5pm-10pm

RESERVATIONS: JuliaAdamDance.com

Digital Press Kit at:

https://www.dropbox.com/sh/j2usdj9mt7fpsc5/AAAtEoWtREP_I01jQvdyRpZqa?dl=0

Quotes from previous years' attendees...

"The setting was unbelievably beautiful and powerful while intimate."

"The "framing" of the experience with its casual ambience, great food, family tables and seeming effortlessness was divine. There was a transparency of family, extended family, dancers and love that is Julia's special signature. Bravo to Julia and her very industrious team."

"One of the best evenings of dance that I have ever experienced. The food, the setting, the choreography — everything was world class. An unforgettable evening! Can't wait for the next one!"

Reviews of the WoodLand Project

http://www.sfgate.com/performance/article/Wodland-Project-Eat-drink-be-merry-and-dance-6394871.php

http://www.ptreyeslight.com/article/julia-adams-dance-woods